

# NorCal L7 NJCup Qual & L6-10, XC Critique Meet

Saturday, December 14, 2024			
Session 1	Session 2	Session 3	Session 4
8:00 am Stretch 8:20 am March-in	11:15 am Stretch 11:35 am March-in	3:00 pm Stretch 3:20 pm March-in	6:00 pm Stretch 6:20 pm March-in
Lvl 7 NJC Qualifier	Lvl 6-8-9 Critique	Xcel Platinum Critique	Xcel Plat/Diam Critique
Clovis San Mateo Elevate The Cave Excel West Valley CSC – Race CSC – Great Oaks Gymtowne SSF Monterey Pacific West Royal	Clovis (L6, 8, 9) CSC Race (L6, 8, 9) Davis Diamonds (L6, 8, 9) Excel (L6) Monterey (L6, 8) The Cave (L6, 8, 9)	Berkeley (split) (XP) Davis Diamonds (XP) Gymtowne SSF (XP) Pacific West (XP) Rohnert Park (XP)	Berkeley (split) (XP, XD) Davis Diamonds (XD) Gymtowne SSF (XD) Head Over Heels (XD) Pacific West (XD) Rohnert Park (XD) San Mateo (XP) West Valley (XP)

Sunday, December 15, 2024			
Session 5	Session 6	Session 7	Session 8
8:00 am Stretch 8:20 am March-in	11:15 am Stretch 11:35 am March-in	2:15 pm Stretch 2:35 pm March-in	5:30 pm Stretch 5:50 pm March-in
Xcel Bronze Critique	Xcel Silver Critique	Xcel Silver/Gold Critique	Xcel Gold Critique
Berkeley (XB) Gymtowne SSF (XB) Head Over Heels (XB) West Valley (XB)	Berkeley (XS) Gymtowne SSF (XS) Head Over Heels (XS) West Valley (split) (XS)	Berkeley (split) (XG) Gymtowne SSF (XG) Head Over Heels (XG) Rohnert Park (XS) San Mateo (XS) The Cave (XS) West Valley (split) (XS, XG)	Berkeley (split) (XG) Pacific West (XG) Rohnert Park (XG) San Mateo (XG) The Cave (XG) West Valley (split) (XG)

current as of 11/17/2024

## Meet Location

**Gymtowne SSF**  
239 Utah Ave.  
S. San Francisco, CA 94080  
Doors open at 7:30 am

## Daily Spectator Admission

Adults 18-64	\$15
Seniors 65+	\$10
Children 6-17	\$10
Children 5 & under	Free